

**Indoor Lap Pool  
Summer 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming		
6:00am	Master Swim		Master Swim		Master Swim	Lap Swimming	
6:30am							
7:00am	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm							
1:00pm							
2:00pm	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning
2:30pm	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
9:00pm							
10:00pm							
11:00pm							

**Indoor Pool Rules and Etiquette**

1. **Warning: No Lifeguard on Duty**
2. Children under 14 years of age must be accompanied by a parent or legal guardian unless participating in a Club program.
3. Pool closes at 11:45pm on weekdays and 9:45pm on weekends
4. Schedule is subject to change for special events
5. No running or horseplay. No diving or prolonged breath holding.
6. Glass is prohibited in the pool area.
7. Swimmers must be swimming laps to use this pool.



**Cincinnati Sports Club**

With  **TriHealth** |  **BEACON**

revised 5/27/20